

# AN ANTIRACIST BOOK LIST

This is not an exhaustive book list, nor is it the best book list out there. There are books being written all the time by very smart, high-intelligent people whose work we wish we had time to read if we had all the time we wanted to have to read. But ... here are a few great starting points, broken down roughly by topics. Enjoy.

## A FREE BOOK YOU CAN READ IN 15-30 MINUTES. START HERE:

- **I Can Fix It: A “Now Art” Project**, Damali Ayo – 2000 people were asked to 5 things individual people can do to end racism. Here are the solutions in their own words. Chapters for white people and for people of color.  
<https://antiochpodcast.org/wp-content/uploads/2020/08/I-Can-Fix-It.pdf>

## A FREE BASIC EDUCATION IN UNDERSTANDING WHITENESS AND A BASIC HISTORY OF RACISM IN AMERICA:

- the podcast **SCENE ON RADIO** ([www.sceneonradio.org](http://www.sceneonradio.org)) Season 2: SEEING WHITE (14 episodes)

## HISTORY AND SOCIOLOGY OF RACISM (UNDERSTANDING THE MESS OF RACISM)

- **How to Be An Antiracist**, Ibram X Kendi
- **Understanding Us & Them: Interpersonal Cultural Intelligence for Community Building**, Pennylyn Dykstra-Pruim
- **Stamped From the Beginning: The Definitive History of Racism in America**, Ibram X Kendi
- **Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race**, Derald Wing Sue
- **Why Are All the Black Kids Ditting Together In the Cafeteria? And Other Conversations About Race – Revised and Updated**, Beverly Daniel Tatum PhD.
- **A City Within A City: The Black Freedom Struggle in Grand Rapids, Michigan**, Todd E. Robinson
- **Unsettling Truths: The Ongoing Dehumanizing Legacy of the Doctrine of Discovery**, Mark Charles & Soong-Chan Rah
- **The Color of Law: A Forgotten History of How Our Government Segregated America**, Richard Rothstein
- **Multiracial Child Resource Book: Living Complex Identities**, Maria P.P. Root & Matt Kelley, Editors
- **The 1619 Project: A New Origin Story**, Nikole Hannah-Jones
- **Caste: The Lies that Divide Us**, Isabel Wilkerson
- **The Warmth of Other Suns: The Epic Story of America’s Great Migration**, Isabel Wilkerson

Also... there is Google. 🤖

PBS also has many good miniseries on the history of racism for various racial/ethnic communities that are stunning, deep, and great places to start for learning about the racial/ethnic communities that make up our country. Here would be a good starting point for a basic overview on the history you may not have had emphasized greatly in school, or at all:

- **The African Americans** <https://www.pbs.org/show/african-americans-many-rivers-cross/>
- **Asian Americans** <https://www.pbs.org/show/asian-americans/>
- **Latino Americans** <https://www.pbs.org/show/latino-americans/>
- **Native America** <https://www.pbs.org/show/native-america/>

Recommended video series:

- **America The Story of Us** (History Channel)
- **Race the Power of An Illusion** (PBS)
- **13<sup>th</sup>**, by Ava DuVerney – (Netflix) – watch for free on YouTube (thank you Netflix!) <https://www.youtube.com/watch?v=krfcq5pF8u8>

Podcasts in this topic area:

- **Codeswitch** (NPR) One of Feedspot's top 50 podcasts on racism in 2020

## MENTAL HEALTH IMPACTS OF RACISM

### (UNDERSTANDING AND HEALING FROM THE IMPACT OF RACISM)

NOTE: Books marked with an \* indicate books written to a Christian audience.

- **My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies**, Resmaa Menakem, MSW, LICSW, SEP
- **The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism & Engage in Collective Healing**, Anneliese A Singh, PhD, LPC
- **Healing Racial Trauma: A Practical Guide to Healing the Shame, Anxiety Fear and Tactics in Order to Develop Freedom**, Bethany Key
- \* **Healing Racial Trauma: The Road to Resilience**, Sheila Wise Rowe

## CONTEMPORARY AFRICAN AMERICAN NARRATIVES EXPLAINING THE IMPACT OF RACISM ON THEIR LIVES... AND HOW TO HEAL FROM IT.

NOTE: Books marked with an \* indicate books written to a Christian audience.

- **I'm Still Here: Black Dignity in a World Made For Whiteness**, Austin Channing Brown
- **Between the World and Me**, Ta-Nehisi Coates
- \* **Fortune: How Race Broke My Family and the World and How to Repair It All**, Lisa Sharon Harper

## UNDERSTANDING WHITENESS AND ITS IMPACTS

NOTE: Books marked with an \* indicate books written to a Christian audience.

- **White Fragility: Why It's So Hard for White People to Talk About Racism**, Robin DiAngelo
- **Waking Up White: and Finding Myself in the Story of Race**, Debby Irving
- **Black Like Me**, John Howard Griffin
- \* **RedisCIPLING the White Church: From Cheap Diversity to True Solidarity**, David W. Swanson
- **Jesus and John Wayne: How White Evangelicals Corrupted a Faith and Fractured a Nation**, Kristin Kobes Du Mez

## UNDERSTANDING THE INTERSECTION OF CHRISTIANITY, RACISM AND ANTIRACISM

- **The Color of Compromise: The Truth About the American Church's Complicity in Racism**, Jemar Tisby
- **How to Fight Racism: Courageous Christianity and the Journey Toward Racial Justice**, Jemar Tisby
- **Diversity Playbook: Recommendations and Guidance for Christian Organizations**, Michelle R. Loyd-Paige & Michelle D. Williams
- **The Next Worship: Glorifying God in a Diverse World**, Sandra Maria Van Opstal
- **The Next Evangelicalism: Freeing the Church from Western Cultural Captivity**, Soong Chan Rah
- **One Church Many Tribes: Following Jesus the Way God Made You**, Richard Twiss
- **Many Colors: Cultural Intelligence for a Changing Church**, Soong-Chan Rah
- **Roadmap to Reconciliation: Moving Communities into Unity, Wholeness and Justice**, Brenda Salter McNeil
- **Strength to Love**, Martin Luther King Jr.
- **The Very Good Gospel: How Everything Wrong Can Be Made Right**, Lisa Sharon Harper
- **Prophetic Lament: A Call for Justice in Troubled Times**, Soong-Chan Rah

Podcasts on this topic area:

- **The Antioch Podcast: Conversations About Biblical Antiracism** – a multiracial team of 6 Christian antiracism educators and friends talk about faith, race, and justice each week. One of Feedspot’s top 50 podcasts on racism in 2020 - [www.antiochpodcast.org](http://www.antiochpodcast.org)
- **Truth’s Table** – target audience: Black Christian Women talking about Black life, thriving and joy
- **Pass the Mic** – a Black Christian collective, talking about faith, Black life, and antiracism
- **Be the Bridge** – all racial/ethnic communities discussing racial reconciliation
- **Diversity & Inclusion For All** – a Podcast from Calvin University focused on intercultural education.
- **The Four** – Four African American faith leaders discuss life, faith and justice
- **The Reclaim Podcast** – Asian American Christians talk about their faith and justice journeys as people whose Asian and American identities cause them to ask deep questions about themselves.